

Julius-Maximilians-University of Würzburg
 Faculty of Human Sciences
 Ethics Committee for the Master of Science Exercise Science & Training

Short application form

Short application to the Ethics Committee for the Master of Science "Exercise Science & Training" for the assessment of a research project

Applicant (name & contact information)

Other persons involved (name & contact information)

Title of the research project

	Please enter "yes" or "no"
1. Voluntariness Participation is voluntary and the participants are informed about their voluntary participation?	
2. Withdrawal without consequences Participants have been informed that they can withdraw from the study at any time without giving reasons and without negative consequences?	
3. Information and consent Before the start of the research project, the participants were fully informed about the objectives and purposes as well as possible risks and written consent to participate in the study was obtained?	
4. Impaired group of persons Does the research project include participants who belong to a group of persons requiring special protection (e.g. children, adolescents, patients, persons lacking legal capacity, the elderly, etc.)?	
5. Physiological/physical stress Special physiological and/or physical stress for the participants can be excluded.	
6. Physical risks	

Invasive measurements are carried out on the participants and/or potentially stressful (e.g. blood, saliva) or potentially harmful procedures are performed. The participants are subjected to physical pain.	
7 Side effects Are undesirable and negative side effects expected from the methods used in the research project?	
8. Emotions Particular negative emotions can be excluded (disgust, anger, fear, mortality, exhaustion)?	
9. Self-reports Are participants asked to report personal experiences?	
10. Intimacy/stigmatisation: Are participants asked to answer intimate questions (e.g., distressing personal experiences or traumas, sexuality, drug use, addictions or stimulant abuse, or political beliefs)?	
11 Ethically problematic behaviour Are participants induced to behave in an ethically problematic manner (aggressive behaviour, punishment, etc.)?	
12. Administration of substances Are participants given medication, placebos, food supplements or other substances as part of the study?	
13. Deception Are the participants deceived about the object or aim of the research project?	
14. Confidentiality Are participants informed about data protection? Is the data anonymised/pseudonymised, stored, processed and protected against unauthorised access?	
15 Right to data deletion Can participants request the deletion/destruction of their personal data within a certain period of time and will they be informed of this?	

Short summary & additions

Please list the research question, methods and sample of people used in the research project in bullet point form below. Please take account of potentially problematic aspects of the study that have not been mentioned above or that require additional explanation.

Note: In the case of a full proposal, the short proposal can be omitted.

Other information

Other information that could be relevant for the ethics committee.

Attachment

The short application is accompanied by the following documents

Declaration: I confirm that I will comply with the professional ethical guidelines of the German Association for Sports Science and the ethical guidelines of the German Society for Psychology and that I have provided the above information to the best of my knowledge and belief. I am aware that the responsibility for compliance with the guidelines lies with me.

Signature of the applicant